

# PALM VALLEY ASHTANGA YOGA



## APRIL

### **Thursday, April 2**

5:30 PM - 6:30 PM Led Ashtanga Yoga Half Primary Series - Level 1/2

### **Sunday, April 5**

8:00-9:30 AM Ashtanga Yoga Mysore - All Levels

### **Thursday, April 9**

5:30 PM - 6:30 PM Led Ashtanga Yoga Half Primary Series - Level 1/2

### **Sunday, April 12**

8:00-9:30 AM Ashtanga Yoga Mysore - All Levels

### **Sunday, April 19**

8:00-9:30 AM Ashtanga Yoga Mysore - All Levels

### **Thursday, April 23**

5:30 PM - 6:30 PM Led Ashtanga Yoga Half Primary Series - Level 1/2

### **Sunday, April 26**

8:00-9:30 AM Ashtanga Yoga Mysore - All Levels

### **Thursday, April 30**

5:30 PM - 6:30 PM Led Ashtanga Yoga Half Primary Series - Level 1/2